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### USING SCENAR IN TREATING OVARY CYSTS

Follicular cysts (tumor-like pelvis masses appearing through accumulating the liquid in the cystic atretic follicle) are among the most widespread gynecological diseases. There is no true blastomatous growth in such formations. Macroscopically follicular ovary cysts are thin-shelled unilocular formations of tight elastic consistency.

The undergone inflammatory process may have great importance in the pathogenesis of follicular cysts. A cyst may rarely have hormonal activity and its development is accompanied by dysfunction of menstrual cycle (V.I. Kulakov and co-authors, 1995).

Having diagnosed an ovary cyst a doctor usually supervises the patient during 2-3 menstrual cycles and then performs a surgical treatment. We decided to use these months for carrying out electric pulse therapy.

The aim of this work was to evaluate SCENAR-therapy effectiveness in treating ovary cysts. 11 patients 19-38 years old with ovary cysts 30-70 mm in diameter were treated. 3 women had follicular cysts on both sides. The diagnose was confirmed by USI in 100% of cases. Most patients (8 or 72%) had slight dull ache or discomfort in the bottom of the stomach; some (3 or 27%) had violations of menstrual cycle, which appeared as sanguinolent secretion between menstruations and menstruation delay.

SCENAR-treatment was done from the end of menstruation till the beginning of the next one with the pause for menstruation and more 7-day treatment after the menstruation. Then sessions were made 7 days before and 7 days after the menstruation. All patients underwent 3-4 courses. One session lasted 30-50 minutes.

After the first course of treatment 5 patients didn't have ovary cysts, nobody had violations of menstrual cycle and discomfort in the bottom of the stomach. In 3 women cysts disappeared after 2 courses of treatment.

3 patients with bilateral cysts had no formations on the one side after the first course and on the other side the formations decreased considerably, and after 2-3 courses of treatment were not diagnosed at all.

And only one woman had a cyst, which decreased twice but was still diagnosed (25 mm in diameter) after four courses of treatment.

Research results show that SCENAR-therapy is very effective in treating follicular ovary cysts. Further investigations in this sphere are very perspective.

