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SCENAR-THERAPY IN TREATING STERILITY

The problem of birth rate is of current importance as not so often today we can meet large families. The WHO says sterile families make up 10-20% of all the registered families.

The Regional Ministry of Health reports there are about 25% of sterile families in Rostov-on-Don.

There are well-known cases of effective SCENAR-therapy in treating sterility sterile (e.g. see [1]).

This work is aimed to compare the effectiveness of usual medical and therapeutic treatment and SCENAR-monotherapy in the polyclinic.

17 families that had no children for 2-18 years were examined. In 10 families women were sterile, in 3 families - men, in 4 families both husband and wife were sterile.

During the treatment, 5 women were recognized to have ovaries' cystal degeneration. These cases were the easiest to be treated with SCENAR-therapy.

Inflammatory diseases were the second most common reason for sterility. The patients often needed to treat concomitant diseases and undergo a lot of treatment courses. They were treated according to the common methods and schemes.

During the research it was noticed that the patients undergoing SCENAR-therapy often recovered according to Gering's laws [2].

Research results showed that in 13 families treatment was effective: women got pregnant and delivered a baby. In 4 families there was no pregnancy despite the long courses of treatment (up to 8-10 months). In 2 cases men refused to undergo treatment, though women were likely to get pregnant.

The results of sterility treatment in 19 families during the last 2 years were taken as a control group. They were treated according to the common methods: antibiotics therapy, antiseptics, physiotherapy, sanatoria, and health treatment. 7 women became pregnant after the therapy.

Let us dwell on an interesting case: a 38-year-old woman, 176 kg, came to be cured of obesity. For 15 years she had no menstruation and couldn't get pregnant. Examination and treatment showed that she had endometriosis. The women had 8 courses of SCENAR-therapy. After the 10-day course menstruation appeared, there was no secretion from the front abdominal wall that was equivalent to menstruation. In 8

months she lost 58 kg, cyst formations in the breast and liver dissolved, her family was again full and happy.

So the research showed that SCENAR-monotherapy is much more effective than common therapies. After the treatment course women from sterile families get pregnant faster and the pregnancy proceeds without complications.

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